

Facilitation Skills /Group Theory and Practice QQI 6N3669

The primary objective of this training programme is to enable you to understand group work, theory, and practice.

This is done in two main ways:

- practical skills - how to facilitate groups.
- based on a bedrock of theory and proven best practice

What will I learn?

- What is facilitation?
- The principles, concepts, and practical skills of group work
- Selecting the appropriate facilitation methods
- To evaluate, recognise and put in to practice the theory of group work.
- To organise, plan, execute and lead group sessions. Then inform members of the outcomes of the group session.
- To facilitate and co-facilitate a group.
- To understand the life cycle of groups, group dynamics, the role people play in groups,
- To analyse the role that power, conflict and lack of participation has on a group.
- Group facilitation & problem solving
- Learn the key processes in managing a group decision making process to get the best possible outcomes.
- Recognise and manage individual / group conflict in a pro-active manner.
- To define the group parameters including your own boundaries & parameters

Plus, lots more...

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Due to COVID 19 restrictions, training takes place on Sat & Sun mornings as follows. 'Virtual' tutor available at these times

Dates	Times - morning only...	How
Sat 08th & Sun 09th May 2021	9.30 am - 1.00 pm	As above
Sat 15th & Sun 16th May	9.30 am - 1.00 pm	As Above
Sat 22nd & Sun 23rd May	9.30 am - 1.00 pm	As above
Sat 29 th & Sun 30 th May	9.30 am - 1.00 pm	As above
Bank Holiday		
Sat 12 th & Sun 13 th June	9.30 am - 1.00 pm	As above
Sat 19 th & Sun 20 th June	9.30 am - 1.00 pm	As above

Web based directed hours:

There are 10 hours web-based learning which must also be completed.

Some of these hours are pre commencement of the course and others take place during the training course.

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Course layout

Day 1 & 2	Day 3 & 4	Day 5 & 6
<p>Morning: 9.30 - 1.00 Explanation / Overview of QQI and the QQI award system</p> <p>Introduction to facilitation Understanding both yourself & others as a facilitator Understanding group dynamics</p> <p>& more...</p>	<p>Morning: 9.30 - 1.00 Understanding and handling conflict</p> <p>Planning, planning and more planning of facilitated sessions.</p> <p>& more...</p>	<p>Morning: 9.30 - 1.00 Constructive feedback</p> <p>'Power' in a facilitated session</p> <p>How people make decisions in groups</p> <p>& more...</p>
Day 7 & 8	Day 9 & 10	Day 11 & 12
<p>Morning: 9.30 - 1.00 Practice Skills demonstration (videoed) and (written) feedback from tutor</p> <p>Ladder of inference & bias in groups</p> <p>Co - facilitation of a group session</p> <p>Story telling in facilitation. & more</p>	<p>Morning: 9.30 - 1.00 Evaluation of facilitation groups - how do you do this as a facilitator?</p> <p>The use of tacit knowledge & trust</p> <p>Ethics for facilitators</p> <p>Understanding motivation</p> <p>& more...</p>	<p>Morning: 9.30 - 1.00 Marked skills demonstration for QQI accreditation Day 11.</p> <p>Encouraging participation in groups</p> <p>E-facilitation</p> <p>What exactly do we do as facilitators!</p> <p>& more...</p>

The individual day's content may change in line with group need. All the above is covered the course.

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In order to achieve QQI Certification, participants must complete the following.

80% attendance

Satisfactory (graded) completion of assignment within the stated guidelines and timeframes

Breakdown of marks

Project (x 3 parts) 50%

Skills Demonstration 50%

Total 100%

QQI grading system.

Pass 50 - 64%

Merit 65 - 79%

Distinction 80 - 100%

Trainer's details:

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