

Carl Rogers

COGNITIVE (MEANINGLESS)
AND EXPERIENTIAL (SIGNIFICANT) LEARNING

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Who was Carl Rogers ?

- ▶ 1902 -1987 Ohio USA
- ▶ Eminent American Psychologist/Educator who was a major influence on both Psychotherapy and Education practices all over the world.
- ▶ He focused on Learner Centered Teaching
- ▶ He created the humanistic client centered approach to psychology

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Cognitive & Experiential Learning

Rogers defined cognitive learning as meaningless & experiential learning as significant to the learner.

Learning is more relevant by applying new experiences to the learning process.

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Old School

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Carl Rogers' influence on modern learning

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How does Carl Roger's theory of experiential learning help us when we are training ?

- ◆ The learning is Self Initiated
- ◆ The Learning is Pervasive
- ◆ It is Evaluated by the Learner
- ◆ It is has a quality of Personal Involvement
- ◆ The Learning has Meaning

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The Positive effect of Caring as a Teacher

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- ▶ Experiential learning is equivalent to personal change and growth.
- ▶ Carl Rogers felt that all human beings have a natural propensity to learn.



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The role of the teacher is to facilitate such learning

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Setting	Clarifying	Organizing and modeling	Balancing	Sharing
setting a positive climate for learning	clarifying the purposes of the learners	organizing and making available learning resources	balancing intellectual and emotional components of learning	sharing feelings and thoughts with learners but not dominating

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Learning is through Experience

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